



18<sup>th</sup> Congressional District of Texas

# Seniors and Veterans Healthy Start Connections and Information Forum



Updates and Program Information for Seniors and Veterans

**Date:**  
**Tuesday, January 13, 2026**



**Time:**  
**12:30 PM – 2:00 PM**



**Location:**  
**Houston Heights Tower**  
**330 W. 19th St.**  
**Houston, TX 77008**

